



CATOLICA
FACULTY OF HEALTH SCIENCES
AND NURSING

LISBOA-PORTO



CATOLICA
CHIS - CENTRE FOR INTERDISCIPLINARY
RESEARCH IN HEALTH

LISBOA - PORTO - VISEU

FLAD
FUNDAÇÃO LUSO-AMERICANA
PARA O DESENVOLVIMENTO
40 anos
40th ANNIVERSARY

One-Day Summer School

June 17th 2026

Venue: Universidade Católica Portuguesa, Porto

Attendees: Faculty; Researchers; Master's and PhD Students; Nurses; Dissertation Supervisors.

Digital Innovation and Emerging Technologies

10:30 a.m. – 12:00 | Conference & Strategic Debate:

“Nursing 5.0: Virtual Reality and AI in Person-Centered Care”

Keynote Speaker: Prof. Mohammad Saab (University College Cork, Ireland)

<https://research.ucc.ie/en/persons/mohamad-saab/>

Moderator: Prof. Paulo Alves, Universidade Católica Portuguesa

Topics:

- Use of Virtual Reality (VR) for health literacy and patient empowerment.
- Integration of Clinical Decision Support Systems (CDSS) and Artificial Intelligence into nursing workflows.
- Development of digital interventions for vulnerable populations and disease prevention.
- Strategies for European research consortia (Horizon Europe).

12:00 – 1:30 p.m. | Networking Lunch

Participatory Methodologies and Knowledge Mobilization

2:30 p.m. – 5:30 p.m. | Workshop:

“Digital Storytelling (DST): A Tool for Patient Engagement and Knowledge Mobilization”

Facilitators: Prof. Idevania Costa and Ms. Lise Lozier (Lakehead University, Canada)

<https://www.lakeheadu.ca/users/C/igcosta/node/54045>

Content:

- Foundations of Digital Storytelling as a participatory research methodology.
- Practical application: How to transform patient narratives into tools for education and health policy change.